Winter Break Survival Pack

Two weeks of indoor days, built around short daylight and the reality that everyone is home at once.

Week two is the useful half. Rebuilding the morning habit two or three days before term beats doing it cold on the first morning.

Keep bedtime fixed even when wake-up drifts. It is the wake-up time that is hard to move back, not the bedtime.

The paper-chain day is deliberately the third: by then the novelty of being off has worn through and hands need something to do.

What's inside

1. Week 1 — Wind down — Quiet, indoor, low-stimulation days.
2. Day 1: Slow start — Colour a bear page with hot chocolate
3. Day 2: Reset the routine — Build a holiday routine chart together — later wake-up, same bedtime
4. Day 3: Quiet hands — Cutting practice with straight lines
5. Day 4: Reading day — Start a reading log
6. Day 5: Animals indoors — Colour the farm animals sheet
7. Week 2 — Wind back up — Rebuilding the school-morning habit before term starts.
8. Day 6: Back to letters — Lowercase alphabet tracing
9. Day 7: Screen-time reset — Fill in a screen time chart together for the coming week
10. Day 8: Their own name — Name tracing
11. Day 9: Pack the bag — Fill in a packing list for the first day back
12. Day 10: Morning rehearsal — Run the morning routine chart once, for real, at the school time

Every sheet in this pack is also free to print individually at the address below.

Free Bear Coloring Page for Kids

Free printable bear coloring page for kids — teddy bears, grizzlies, and polar bears

Name: _____ Date: _____

Bear Coloring Page

KidsColorWorks — free printable coloring page



kidscolorworks.com — Free for personal and classroom use

Free Printable Routine Chart for Kids

Free customizable routine chart for kids — morning routine, bedtime routine, or daily schedule

Name: _____ Date: _____

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Wake up on time							
Get dressed							
Eat breakfast							
Pack backpack							
Bedtime routine							

Free Cutting Practice Worksheet: Straight Lines

Free scissor skills practice worksheet for kids — straight lines

Name: _____ Date: _____

Cut along each straight dashed line from left to right. Start and stop at the dotted lines.



Free Printable Reading Log for Kids

Free printable reading log template for kids

Name: _____ Date: _____

Date	Title & Author	Pages	Minutes	Parent Initial

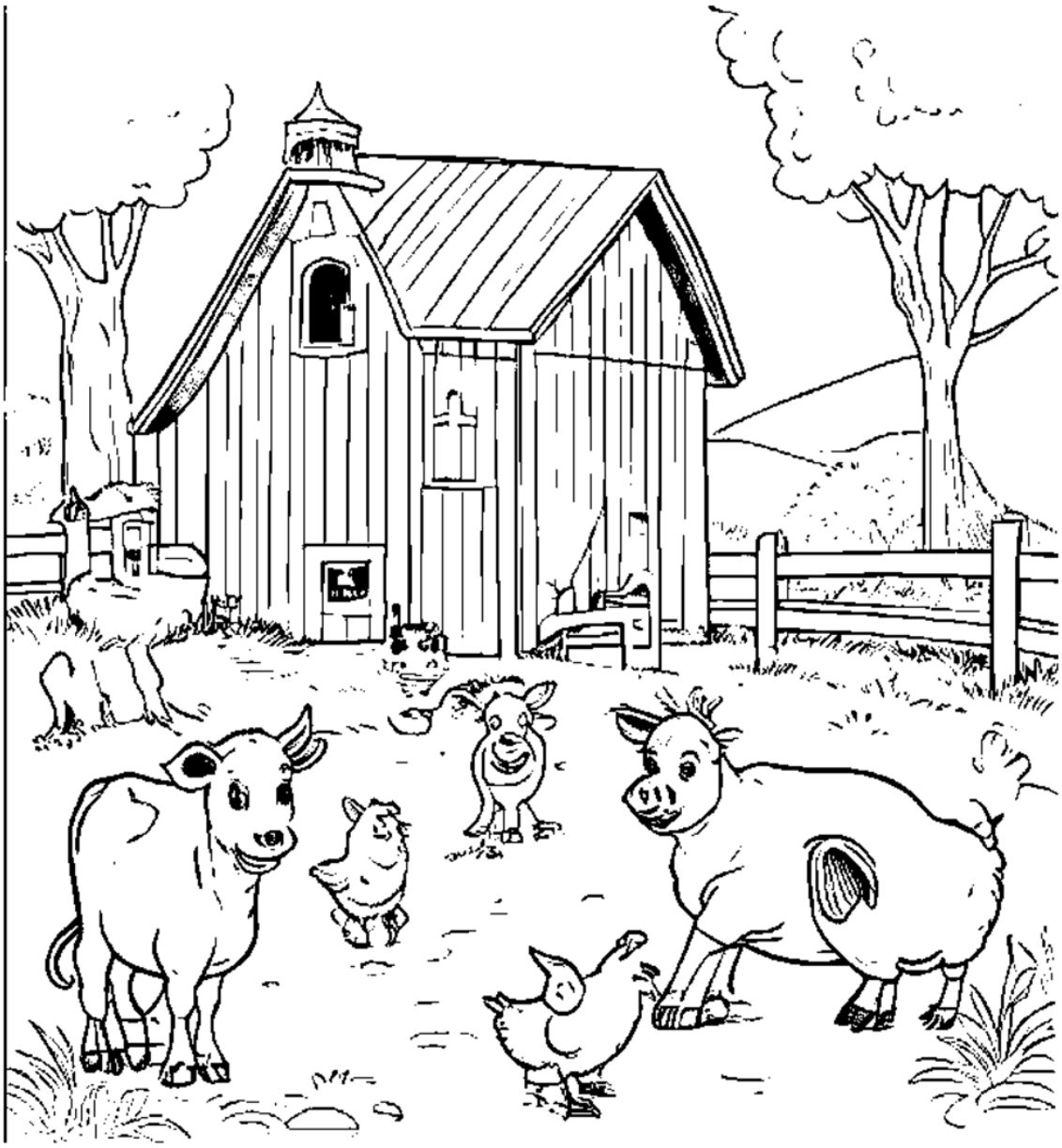
Free Farm Animals Coloring Pages for Kids

Free farm animals coloring pages — cows, pigs, sheep, horses, chickens and more

Name: _____ Date: _____

Farm Animals Coloring Pages

KidsColorWorks — free printable coloring page



kidscolorworks.com — Free for personal and classroom use

Free Lowercase Alphabet Tracing Worksheet a–z

Free lowercase alphabet tracing worksheets for kids

Name: _____ Date: _____

aaa bbb ccc ddd eee f f f

ggg hhh i i i j j j kkk l l l

mmm nnn ooo ppp qqq r r r

sss t t t uuu vvv www xxx

yyy zzz

Free Printable Screen Time Chart for Kids

Free printable screen time chart to help kids track and manage daily device use

Name: _____ Date: _____

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Earned screen time							
Used device responsibly							
Turned off when asked							

Free Custom Name Tracing Worksheet for Kids

Free personalized name tracing worksheet — enter your child's name and print instantly

Name: _____ Date: _____

Free Printable Packing List Template for Kids

Free printable packing list template for kids — perfect for school trips, vacations, sleepovers, and camp

Name: _____ Date: _____

Category	Items to pack	Packed [ ]
Clothing		
Toiletries		
Electronics		
Documents		
Entertainment		
Snacks		
Other		